



Fall-In-Friday



Learn horsemanship skills and training methods while connecting with horses.

Every Friday at 1000-1100 from September 13 - November 22, 2024

Open to veterans, service members, and first responders. There is no riding.

All costs are covered by grants and generous donors.

Volunteer Opportunities

Our Volunteer Program is an opportunity for veterans and first responders to help others and provide needed services with specialized skills.

No horse experience required.



If interested, contact:

volunteer@pal-o-mine.org
or check out our volunteer webpage at pal-o-mine.org/volunteer/ for details on how to get started.

Roping For Service

Learn to rope from the ground up!
No riding experience needed.

Instruction at Pal-O-Mine Equestrian by Slick Horns Horsemanship



No fee for participants.

Costs are covered by grants secured by Pal-O-Mine.

Specific pre-requisites necessary

Contact military@pal-o-mine.org for more information

Equine Assisted Psychotherapy



Pal-O-Mine invites Veterans, Active-Duty Service Members, and their families to participate in individual or group mental health interventions. All sessions are facilitated by a NYS Licensed Mental Health Professional and a Certified Equine Specialist to protect both physical and emotional safety of the participants. Pal-O-Mine is a Certified EAGALA Military Designated facility, which ensures that our staff has the education, training, and experience necessary to provide mental health services for the military community. No riding involved. Sessions are action, not talk, and at NO COST to the participant.

Contact us at: Military@pal-o-mine.org

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